

### **PLAN DESIGN & BENEFITS ADMINISTERED BY AETNA LIFE INSURANCE COMPANY - SELF FUNDED**

**PLAN FEATURES IN-NETWORK** 

Benefit limitations - Some service or supplies have limits on them per year. There might be a maximum number of visits or days, or a dollar limit per year. In such cases, the benefit year begins on January 1 (unless otherwise noted). Refer to your plan documents to learn more.

**Deductible** (per calendar year)

\$1,650 per Individual

\$3,300 per Family

You must first meet the deductible before the plan begins paying benefits, unless otherwise noted.

The amount you pay (cost sharing) for some medical services does not count toward your deductible. Prescription drug costs count toward the deductible. Refer to your plan documents for details.

Once you meet the family deductible, then all family members have met it for the rest of the year. There is no individual deductible for members of a family.

Member coinsurance

You pay 10%

Applies to all expenses except as noted.

Out-of-pocket limit (per calendar

\$2,500 per Individual

vear)

\$5,000 per Family

Your pharmacy expenses count toward your out-of-pocket limit.

In-network expenses include coinsurance/copays and deductibles.

Once you meet the family out-of-pocket limit, then all family members have met it for the rest of the year. There is no individual out-of-pocket limit for members of a family.

Lifetime maximum

Unlimited except where otherwise indicated.

Primary care physician selection Encouraged Not required Referral requirement

Telehealth consultations - You can access covered services for telehealth visits from different kinds of providers in your network. Log on to Aetna.com to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.

Virtual care consultations - You can access covered services for virtual care visits from different kinds of providers in your network. Log on to Aetna.com to see a list of virtual care providers. You'll also find more about your options, including cost share amounts.

**CVS VIRTUAL CARE** 

IN-NETWORK

**CVS Health Virtual Primary Care** 

Covered 100%; no deductible

(VPC) - preventive care

consultations

Includes screening and counseling services through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for more information.

**CVS Health Virtual Primary Care** 

(VPC) - consultations

Covered 100%; after deductible

Includes basic medical service consultations through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for additional information.

CVS Health Virtual Care (VC) -

Covered 100%; after deductible

general medicine

CVS Health Virtual Care (VC) -Covered 100%; after deductible

mental health

**IN-NETWORK** 

Routine adult physical exams/

Covered 100%: no deductible

immunizations

1 exam every year

**PREVENTIVE CARE** 



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Douting well shild	Carrana d 1000/ r na da drestible	
Routine well child	Covered 100%; no deductible	
exams/immunizations		
• 7 exams in the first 12 months	and ha	
• 3 exams from age 13 months to 24 months		
• 3 exams from age 25 months to 36 m		
• 1 exam per year thereafter until age 22		
Routine gynecological care exams	Covered 100%; no deductible	
2 exams and pap smears per year, incl		
Routine mammogram	Covered 100%; no deductible	
Recommended: One per year for members age 40 and over		
Women's health Covered 100%; no deductible		
	petes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually	
	screening for human immunodeficiency virus, screening and counseling for	
	reastfeeding support, supplies and counseling.	
	ACA mandated contraceptives, including contraceptives and devices you can't	
	ures (including tubal ligation), patient education and counseling. Limits may	
apply.		
Pre-natal maternity	Covered 100%; no deductible	
Routine digital rectal exam	Covered 100%; no deductible	
Recommended: For members age 40 a		
Prostate-specific antigen test	Covered 100%; no deductible	
Recommended: For members age 40 a	and over	
Colorectal cancer screening	Covered 100%; no deductible	
Recommended: For members age 45 a	and over	
Routine eye exams	Covered 100%; no deductible	
1 routine exam per 24 months.		
Routine hearing screening	Covered 100%; no deductible	
PHYSICIAN SERVICES	IN-NETWORK	
Office visits to primary care	10%; after deductible	
physician (PCP)	,	
	al physician, family practitioner or pediatrician.	
Telehealth consultation with non-	10%; after deductible	
specialist		
Specialist office visits	10%; after deductible	
Telehealth consultation with	10%; after deductible	
specialist		
Hearing exams	Not Covered	
Walk-in clinics	10%; after deductible	
	Designated Walk-in clinics	
	Covered 100%; after deductible	
Walk-in clinics are free-standing health	care facilities. Sometimes they may be within a pharmacy, drug store,	
	offer some limited medical care and services.	
	s, emergency rooms, the outpatient department of a hospital, ambulatory	
surgical centers, and physician offices.		
	Your cost sharing amount depends on the type of service and where you	
Allergy testing	9	
Alleray injections	receive it.  Your cost sharing amount depends on the type of service and where you	
Allergy injections	receive it.	
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DIAGNOSTIC PROCEDURES	IN-NETWORK
Diagnostic X-ray (Other than	10%; after deductible
complex imaging services)	
When your physician performs and bill	s for this service at their office, you pay your office visit cost share amount.
Diagnostic laboratory	10%; after deductible
When your physician performs and bill	s for this service at their office, you pay your office visit cost share amount.
Diagnostic complex imaging	10%; after deductible
	s for this service at their office, you pay your office visit cost share amount.
EMERGENCY MEDICAL CARE	IN-NETWORK
Urgent care provider	10%; after deductible
Non-urgent use of urgent care provider	Not Covered
Emergency room	10%; after deductible
Non-emergency care in an	Not Covered
emergency room	
Emergency use of ambulance	10%; after deductible
Non-emergency use of ambulance	Not Covered
HOSPITAL CARE	IN-NETWORK
Inpatient coverage	10%; after deductible
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Inpatient maternity coverage	10%; after deductible
(includes delivery and postpartum	
care)	
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Outpatient hospital	10%; after deductible
	hospital but don't stay overnight, your cost sharing amount counts toward all
covered benefits during your visit.	400/ (/ 1 1 2 2 1
Outpatient surgery - hospital	10%; after deductible
covered benefits during your visit.	hospital but don't stay overnight, your cost sharing amount counts toward all
Outpatient surgery - freestanding	10%; after deductible
facility	
	hospital but don't stay overnight, your cost sharing amount counts toward all
covered benefits during your visit.	
MENTAL HEALTH SERVICES	IN-NETWORK
Inpatient	10%; after deductible
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Inpatient non-biologically based	Your cost sharing amount depends on the type of service and where you receive it.
	d benefits incurred during your inpatient stay.
Mental health office visits	10%; after deductible
Crisis intervention services	Your cost sharing amount depends on the type of service and where you receive it.
Mental health telehealth	10%; after deductible
consultations	



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Other mental health services 10%; after deductible When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit. **SUBSTANCE ABUSE** IN-NETWORK Inpatient 10%; after deductible When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive. Residential treatment facility 10%; after deductible When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive. Substance abuse office visits 10%; after deductible Substance abuse telehealth 10%: after deductible consultations Other substance abuse services 10%: after deductible When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit. **THERAPY SERVICES IN-NETWORK** Spinal manipulation therapy 10%; after deductible **Outpatient short-term** 10%; after deductible rehabilitation Limited to 90 visits per year Includes physical, occupational, and speech therapies. Habilitative physical therapy 10%; after deductible **Habilitative occupational therapy** 10%; after deductible Habilitative speech therapy 10%; after deductible Autism related physical therapy 10%; after deductible Autism related occupational 10%; after deductible therapy 10%: after deductible Autism related speech therapy Autism related behavioral therapy 10%; after deductible These benefits are combined with outpatient mental health visits Autism related applied behavior 10%; after deductible analysis Your benefits for these services are the same as any other outpatient mental health other services benefit **OTHER SERVICES IN-NETWORK** Skilled nursing facility 10%; after deductible Limited to 60 days per year When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive. Home health care 10%; after deductible Home health care services include private duty nursing

**Hospice care - outpatient** 10%; after deductible

**Hospice care - inpatient** 

you receive.

When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.

10%; after deductible

Limited to three visits per day by staff from a home health care agency. One visit equals a period of four hours or less.

When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits



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Private duty nursing	Covered as part of home health care
We count each period of up to 8 hours	
Durable medical equipment	10%; after deductible
Hearing aids	10%; after deductible
Limited to 1 pair of hearing aids every	
Diabetic supplies (if not covered	Covered same as any other medical expense.
under the prescription drug benefit)	
	You pay your prescription drug cost sharing amount if you have prescription
	drug coverage. If not, you pay your PCP visit cost sharing amount.
Infusion therapy - home/office	10%; after deductible
Infusion therapy - outpatient	10%; after deductible
hospital/freestanding facility	
Gene-based, Cellular, and other	Your cost sharing amount depends on the type of service and where you
Innovative Therapies (GCIT™)	receive it.
	10%: after deductible for gene therapy drugs, if applicable
	In-network coverage is provided at GCIT™ designated facilities only.
Transplants	10%; after deductible
	In-network coverage is only available at Institutes of Excellence (IOE)
	contracted facility.
Bariatric surgery	10%; after deductible
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Acupuncture	10%; after deductible
Limited to 10 visits per year	
FAMILY PLANNING	IN-NETWORK
Infertility treatment	Your cost sharing amount depends on the type of service and where you receive it.
You have coverage for artificial insem	ination (AI) and the diagnosis and treatment of the underlying cause of infertility.
Advanced Reproductive	10%; after deductible
Technology (ART)	1070, and addition
	ation (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer
	rs, intracytoplasmic sperm injection (ICSI), or ovum microsurgery, ovulation
	torage. Maximum applies to all procedures covered by any of our plans except
where prohibited by law.	toragor maximum applies to all processings servered by any or our plants except
Fertility preservation	10%; after deductible
Includes coverage for cryopreservatio	
	by occur as a result of certain types of medical treatment
Vasectomy	Your cost sharing amount depends on the type of service and where you
	receive it.
Tubal ligation	Covered 100%; no deductible
PHARMACY	IN-NETWORK
	he deductible before any benefits are considered for payment under the
pharmacy plan.	no additional bottom dry bottome are confidence for paymont and the
Pharmacy plan type	Advanced Control Plan
Prescription drug deductible	Prescription drug expenses apply to your medical deductible.
	the deductible for certain preventive medications. For a full list of these drugs, go
to your secure member site or ask you	
Prescription drug out-of-pocket	Prescription drug expenses apply to your medical out-of-pocket limit.
limit	i resoription aray expenses apply to your medical out-or-pocket illillt.



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Generic drugs	
Retail	20%
Mail order	20%
Preferred brand-name drugs	
Retail	30%
Mail order	30%
Non-preferred brand-name drugs	
Retail	50%
Mail order	50%
Pharmacy day supply and requireme	ents
Retail	You can get up to a 30-day supply from Aetna National Network
	Percentage copays will not be doubled
Mail order	You can get a 31-90-day supply from CVS Caremark® Mail Service
	Pharmacy.
Specialty	You can get up to a 30-day supply of specialty drugs
- py	You must fill all specialty drugs through our preferred specialty pharmacy
	network.
	Aetna Specialty Performance Network Drug List
Value proportion drug plan also incl	1 ,

#### Your prescription drug plan also includes:

- Diabetic supplies and blood glucose monitors
- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs; no deductible for formulary insulin drugs
- Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction

### **Family planning**

- Oral and injectable fertility drugs included (physician charges for injections are not covered under RX, medical coverage is limited).
- Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

### The following are covered 100% in-network:

- Oral chemotherapy drugs
- Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications and contraceptives

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

### **Precertification requirements**

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

### **GENERAL PROVISIONS**

Dependents who are eligible to be on your plan Spouse, matter.

Spouse, children from birth to age 26. Student status of children does not matter

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.



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Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862.** 

Plan features and availability may vary by location and group size.



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For more information about Aetna plans, refer to www.aetna.com.

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